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WHAT ARE SOME COMMON MISTAKES EMPLOYEES MAKE BEFORE THEY EVER CALL AN ATTORNEY?

When your workplace crosses a line, what you do before you call an attorney can make or break your case. Too often, employees unknowingly weaken their own claims through simple missteps:

- Relying on a quick verbal complaint instead of a written record
- Reporting concerns to the wrong person or department
- Overlooking federal rules that require notifying outside authorities like the SEC

In her latest video, North Carolina employment attorney Kathryn Abernethy breaks down these common mistakes and shows you how to protect your rights from the very first step. Knowing what to do now could be the difference between a strong case and no case at all.

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KATHRYN ABERNETHY
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"[BARRETT & FARAHANY]'S PROFESSIONALISM, PATIENCE,
AND EMPATHY MADE A DIFFICULT TIME FEEL A LITTLE
EASIER. I'M INCREDIBLY GRATEFUL FOR THEIR GUIDANCE
AND WOULD HIGHLY RECOMMEND THEM."

- J.F.

Avoiding these mistakes is crucial for anyone navigating a workplace dispute or whistleblower claim. Properly documenting concerns in writing ensures there is a clear paper trail that can be referenced when needed. This simple step often serves as critical evidence in supporting claims if legal action becomes necessary.

Additionally, reporting to the appropriate individual or department is essential. Failing to do so can result in delays, inaction, or even the dismissal of valid concerns. By understanding federal rules, such as the requirement to notify outside authorities like the SEC in certain cases, individuals can avoid unintentionally undermining their claims.

The consequences of these oversights can be significant and far-reaching. Without proper documentation, disputes can devolve into "he-said, she-said" arguments, weakening the credibility of the case. Reporting to the wrong department or neglecting mandatory external notifications can lead to the forfeiture of legal protections, such as whistleblower retaliation safeguards. These missteps may also result in the inability to pursue further action due to procedural errors...

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