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THE OLDEST AND ONE OF THE
MOST PRESTIGIOUS EMPLOYMENT
LAW FIRMS IN THE SOUTHEAST
DEDICATED TO PROTECTING THE
RIGHTS OF EMPLOYEES.

TALK TO AN ATTORNEY TODAY!

“THANK YOU FOR EVERYTHING!! I TRULY APPRECIATE ALL YOU
HAVE DONE FOR ME AND THE SUPPORT YOU HAVE BEEN
THROUGH THIS ENTIRE PROCESS. I COULDN'T HAVE PICKED A
BETTER FIRM TO WORK WITH. THANK YOU AGAIN.” - C.D.

CAN I SUE MY EMPLOYER FOR EMOTIONAL DISTRESS WHILE PREGNANT?

Navigating the workplace while pregnant can be challenging, but when added layers of emotional distress or discrimination enter the picture, it becomes unbearable. If you're asking yourself whether you can sue your employer for emotional distress during pregnancy, the **pregnancy discrimination attorneys** at Barrett & Farahany can provide everything you need to know, from understanding your rights to pursuing legal options.



Emotional Distress as a Result of Discrimination

Emotional distress refers to significant psychological harm resulting from someone else's actions. This can manifest as stress, anxiety, depression, or physical symptoms like headaches or insomnia.

When workplace discrimination creates added stress, a hostile environment, or mental anguish targeted at your pregnancy, this constitutes emotional distress. For example:

- Frequent inappropriate comments about your pregnancy.
- Pressure to work beyond your physical or emotional capacity.
- Facing constant fear of retaliation or job loss.

The cumulative toll of such actions can cause significant harm, which may be legally actionable.

Retaliation for Requesting Accommodations

Retaliation happens when your employer punishes you for exercising your workplace rights, such as:

- Requesting reasonable accommodations for pregnancy or related medical conditions.
- Taking legally allowable maternity or medical leave.

Examples of retaliation include:

- Sudden demotion following a request for accommodations.
- Being assigned undesirable tasks or excluded from projects.
- Termination after raising concerns about workplace treatment.

If retaliation results in emotional or physical harm, legal action may be warranted....

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Our Attorneys Represent Clients Across Several States

Our ability to offer a comprehensive array of legal services across numerous states is made possible by our strategically positioned network of attorneys. Our attorneys are situated in states across America, and proudly extend our renowned brand of resources to its respective region. Led by seasoned and highly connected legal teams, our offices deliver invaluable legal representation tailored to the unique needs of each state they serve.



Meet the Team at Barret & Farahany

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