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- M.F.

## HOW DOES REMOTE WORK IMPACT WAGE & HOUR COMPLIANCE?

Remote work has transformed the way businesses operate and employees work. While working remotely offers undeniable perks to employees, like flexibility and better work-life balance, it also brings unique challenges, particularly around wage and hour compliance. Employers and remote workers alike often face complex legal issues related to monitoring work hours, overtime pay, meal breaks, and other compliance requirements.

Navigating wage and hour compliance in a remote work environment requires a solid understanding of the legal frameworks that govern employment. The workplace attorneys at Barrett & Farahany understand how remote work impacts wage and hour compliance. This way, we can help our clients overcome the

challenges involved and ensure fair treatment and legal adherence.



## THE RISE OF REMOTE WORK AND ITS IMPLICATIONS

Over the past decade, remote work has moved from a niche perk to a mainstream option for millions of employees. According to the New York Times, 13.8% of the U.S. workforce, or 22.5 million people in the U.S. work from home. Companies have adopted this shift to attract talent, reduce operational costs, and streamline workflows.

However, while the benefits of remote work are clear, compliance with wage and hour laws has become a significant challenge for employers and employees. Without the physical oversight of a traditional office environment, enforcing policies and maintaining legal standards requires careful planning and considerable effort.

These challenges can lead to wage theft, missed breaks, unmet reimbursement obligations, and other violations for remote workers. Understanding these risks is critical to protecting one's rights as a remote employee.

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## Our Attorneys Represent Clients Across Several States

Our ability to offer a comprehensive array of legal services across numerous states is made possible by our strategically positioned network of attorneys. Our attorneys are situated in states across America, and proudly extend our renowned brand of resources to its respective region. Led by seasoned and highly connected legal teams, our offices deliver invaluable legal representation tailored to the unique needs of each state they serve.





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